

Sample Workshop and Training List

The list is always growing and each workshop always looks different depending on the group and situation, therefore, this is just a small sample of possible workshops. I tailor workshops and talks to each specific circumstance and need.

Please feel free to contact me for further information.

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RACE AND CULTURE

From the Ground Up: Anti-racism for Organizations

Outline: In this workshop we will discuss and examine ways to build a more liberated anti-Racist Organization. We will start from the ground up and discuss ways to build an organization from an anti-racist perspective. From accountability to programming, we will take a complete look at what makes an organization successful in its fight against racism.

Going Beyond Diversity: Anti-Oppression in our Communities

Outline: Often in our work, it is difficult for marginalized communities to find our representation and voices. Whether it be People of Color, Trans/Intersex/GenderNonConforming/Queer communities, poor communities, etc., these are the very communities are often tokenized or excluded from leadership positions and access. This workshop will discuss root causes of these fundamental -isms and possible processes to regaining and building leadership from the bottom.

Internalized Racist Oppression (IRO)

Internalized White Supremacy

Internalized Oppression & Self Care

Oppression in Expression: Language in Activism

Yellow vs Black: Inter-Race Tension

Cultural Appropriation

The Myth of Reverse Racism

TECHNICAL ASSISTANCE

Training for Trainers

Strategic Planning

Board Development

Organizational Assessment

Fundraising Trainings

Facilitation Skills: All Levels

ORGANIZATION DEVELOPMENT & STRATEGIC PLANNING

Organizational Audit

Culture Audit

Adaptive Strategic Planning That Works

Building and Maintaining a Board that Lasts

Better than HR

People Management For The New Workplace

Organizational Culture

Advanced anti-racism for orgs

Grantwriting and Anti-oppression

Outline: Addresses metrics, language and the writing pipeline for grants and fundraising for anti-oppression programs, projects as well as for overall organizational positioning.

Glossing over Social Justice

Outline: This workshop is designed to take a critical look at barriers that organizations may experience during their fight to include issues like racism, classism, sexism, heterosexism, and ableism within their organizations. We will inspect these barriers and develop practical solutions that participants can take home. Providing a venue for sharing challenges and solutions is also a goal.

QUEER/GENDER IDENTITY/SEXUALITY

Genderqueer/Trans/Gender Variant: Who we are

Being an Accountable

True Trans Allyship

Queer Women of Color: Our Multiple Identities

Trans Folks of Color: How we Navigate through the World

Intersex and the Queer Community

Organizing in the Queer Community: it's Much Bigger

Battle of the Sexes: Not Just a Battle

Outline: It's not always just a battle of the sexes. We have ideas of male and female, masculine and feminine, but things are even more complex. There are differences sometimes between the ways we see ourselves and the ways others see us. There are gender, sexuality, sex, orientation, gender expression and all of these are distinctly different. This workshop will investigate the often simplified battle of the boxes.

AGEISM/ADULTISM/AGE

Knowing the Histories of Generations

Inter-Generational Building

Youth at the Forefront: Lessons for Adult Allyship

CLASS/ECONOMICS

Race and Class and Their Inseparable Relationship
Classism Across Identities
Queer Capitalism: Why Class and Queerness are linked
Bootstrap Myth: Why it's a Myth

HISTORIES

Queer Liberation History
Conflict Between Communities of Color
The History of How Whiteness Was Created
Knowing our Histories as People of Color
People of Color Liberation Movements
The History of Whiteness & Racism Knowing our Radical Movement Histories

COMMUNITY ORGANIZING

Down and Dirty: Community Organizing Series
Outline: What are the issues affecting our communities? Who do we blame? Who's really to blame? This workshop will allow us, as activists and organizers, to identify the issues facing our communities, develop our analysis of the institutions and systems of oppression behind those problems, and strategize to confront them. We will offer some basic tools for understanding activism and organizing theory and strategize how we can apply it to action in our communities.

Campaign Building and Strategies
Strategies of Community Organizing and Lessons from the U.S. South
Crossing Lines: Panthers, SNCC and Daughters
Radical Notions: Breaking out of the Mold in our Movements

SKILLS BUILDING

Alliance & Coalition Building
Outline: Why do we need coalitions? What are the strengths and weaknesses of past and present coalitions that we can learn from and build on? This workshop will answer these questions and identify steps to building strong and effective coalitions for multi-issue organizing. Especially for individuals who are not necessarily affiliated with an organization, building alliances with other individuals and organizations is an essential strategy.

Real Popular Education Series
Outline: The impact of popular education in community organizing is crucial to understanding the history of our struggles. This workshop will discuss the practices and philosophy of popular education. We will also develop an understanding around methods and processes of popular education in relation to the interlocking systems of oppression.

ART/CULTURE

**Using Culture as a Weapon
Art as Activism**

PERSONAL GROWTH & HEALING

Domestic Violence
Oppression in Relationships of all Kinds
Internalized Oppression and Abuse (substance, emotional, physical, verbal)
Dealing with Ourselves First

Outline: Often in our work we forget to take care of ourselves and our own internalized oppression. This workshop will attempt to discuss our negative patterns, where they come from, and how we can begin to unlearn our internalized oppression.

Self-Evaluation & Self Criticism

Outline: This workshop will help participants learn a process of understanding that often defensiveness comes from social constructions. This is an opportunity for us to unlearn our instinct to not hear criticism or feedback. We will work on listening, learning and incorporating feedback as well as how to offer feedback of our own.

Annual Plan

Outline: As part of being conscious and intentional about our entire lives, this is a workshop to help make an annual plan, month by month, topic by topic. One that is realistic and helps personal, professional, political growth.

Intentional Deliberation

Outline: Being intentional and deliberate. We usually take these for granted and let our lives live themselves while we watch. This is a workshop to help us examine how each act and word we carry out can be towards the goal of helping our growth and building with community.

Internalized Oppression & Self Care

Outline: This workshop will begin to address internalized oppression under ableism, sizeism, racism, classism, homophobia, non-bi gender/sex phobia, sexism, ageism and globalization. We are hardly ever given the opportunity to talk about how a lot of our destructive and negative ways come from oppression. By beginning to recognize internalized oppression within us, as well as understanding how to dismantle these oppressions, we hope to support each other in radical ways to find out what it really means to do revolutionary self care.

GENERAL

The Matrix: Systems of Oppression

Outline: The Matrix is all around us. In the US and globally, White Supremacy, Capitalism, Patriarchy, Heterosexism, Transphobia, Ageism/Adultism and Ableism function together as an inter-connected matrix, based on the exploitation of some for the benefit of others. In his workshop, we will work from common definitions of these systems and develop a deeper

understanding of how they play out in our lives and communities, how they work in unison as a whole and why we need to know about them.

Check a Few Boxes: Our Multiple Identities and Intersectionality

How to Develop a Truly Multi-racial, Multi-issue, Inclusive Student Organization

Outline: In this interactive workshop/lecture we discuss the first steps/ do's and don'ts of group development. We also work with existing groups on how to re-vision their efforts to become more inclusive.

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Multi-issue Organizing

MODULES

The “Combating Series” Modules are set up as a series of workshops per module and are conducted in succession. Each Module is dedicated to concentrating on a specific oppression. However, each module links individual oppressions to a larger matrix of oppression and focuses on the importance of multi-issue organizing and liberation for all oppressed peoples.

Combating Capitalism

Combating Heterosexism/Gender Binaries

Combating Ageism

Combating Ableism

Combating Imperialism

Combating Body Norms

Combating Male Supremacy

Combating White supremacy